

Baked Potatoes	
Cheese	£4.25
<i>Freshly grated cheese</i>	
Tuna	£4.45
<i>Generous helping of tuna in a light mayo dressing</i>	
Coleslaw	£4.20
<i>It's the Fort's One</i>	
Egg Mayo	£4.35
<i>A healthy portion of fresh eggs bound together in mayo</i>	
Beans	£4.20
<i>A healthy serving of beans</i>	
Coronation Chicken	£4.45
<i>Chicken in a mild curry and mayo sauce</i>	
Prawns	£5.45
<i>Healthy serving of Greenland prawns</i>	
Chilli	£5.45
<i>Healthy serving of Spicy Chilli</i>	
Salads	
Mixed Salad	£8.95
Ham Salad	£6.95
Roast Beef Salad	£6.95
Prawn Salad	£8.95
Cheese Salad	£5.15
Tuna Salad	£5.45
Chicken Salad	£5.95
<i>All our salads are made with fresh local produce, mixed leaves, tomatoes, cucumber, pineapple and the Fort's coleslaw. Mixed selection of cooked roast beef, ham, cheese and Greenland prawns. All salads are adaptable to suit requirements.</i>	
Vegetarian	
Spinach & Ricotta Cheese Cannelloni	£5.95
<i>Filled cannelloni with spinach and ricotta cheese</i>	
Mushroom Stroganoff	£5.95
<i>Mushrooms in a creamy sauce</i>	
Spicy Vegetable Burger	£4.95
<i>Served with salad and coleslaw</i>	
Rolls Toasties and Sandwiches From Separate Menu. Available until 7pm Only	
Extra Portions	
Pepper Sauce	£2.75
Diane Sauce	£2.95
Onion Rings	£2.25
Mushrooms	£1.75
Chips	£1.95
Side Salad	£1.75
Garlic Bread	£1.95
Baked Potato	£1.50

'Thank-you' for your custom, we hope everything was satisfactory,
Please do not hesitate to tell us of any complaints you may have.

Full

Full Portion Menu



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Meals Served Daily
Monday-Friday 12noon-3pm 5pm-
Saturday All Day From 12noon
Sunday 12.30pm-3pm 4.30pm-

Appetizers	
Soup Of The Day	£2.55
<i>Homemade soup served with a roll and butter</i>	
Prawn Cocktail	£4.45
<i>A healthy serving of Greenland prawns bound together in a rich marie rose sauce</i>	
Fruit Juice	£1.30
<i>Pineapple, orange, grapefruit, cranberry or tomato</i>	
Mixed Combo For Two	£6.55
<i>Garlic bread, onion rings, garlic mushrooms, prawn toast, duck mini rolls, sweet chilli chicken strips. Served with salad and dips</i>	
Potato Skins	£3.95
<i>Deep fried potato skins. Served with chilli and salad</i>	
Chicken Pakora	£4.25
<i>Homemade chicken tikka, deep fried in batter</i>	
Deep Fried Camembert	£4.25
<i>Served with cranberry sauce</i>	
The Grill	
10 oz Sirloin Steak	£14.45
<i>A 10oz Scottish steak served with lashings of fried onions and mushrooms</i>	
10 oz Rib Eye Peppered Steak	£12.95
<i>Rib eye steak served with peppered sauce</i>	
Fort Grill Combo	£12.95
<i>5 oz rib eye steak and pan fried chicken breast and grilled king prawns in garlic. Served with onion rings and salad</i>	
12 oz T-Bone Steak 'must pre order 24hrs in advance'	£15.95
<i>Finest Scottish 12oz T-Bone</i>	
Burgers	
Cheese Burger	£4.65
<i>100% beefburger topped with cheese. Served on a fresh bun</i>	
Chicken Burger	£4.95
<i>Chicken breast in a light batter. Served on a fresh bun with lettuce and mayo</i>	
Ultimate Burger	£6.55
<i>100% beefburger served in a large white bap with lettuce, cucumber, tomato, peppers, onions, cheese and coleslaw, topped with bacon</i>	
Chilli Burger	£4.95
<i>100% beefburger topped with chilli and cheese. Served on a fresh bun</i>	
Plain Burger	£4.65
<i>100% beefburger. Served on a fresh bun</i>	
Pasta	
Macaroni	£5.55
<i>Pasta cooked in a cheese sauce</i>	
Meat Lasagne	£6.95
<i>Layers of pasta filled with mince and spices. Topped with cheese sauce</i>	



Chicken & Mushroom Carbonara	£6.95
<i>Served in a rich cream sauce</i>	
Meat	
Steak Pie	£7.55
<i>Pieces of tender diced steak cooked in Guinness. Topped with puff pastry</i>	
Smithy Special	£4.00
<i>Chips or potatoes served in a bowl with stew chicken curry, macaroni or chilli</i>	
Mince & Potatoes	£5.45
<i>Mince cooked in a gravy served with potatoes and vegetables</i>	
Roast Beef & Yorkshire Pudding	£7.55
<i>Five inch Yorkshire pudding filled with roast beef. Topped with gravy</i>	
Chilli Con Carne	£6.45
<i>Minced chilli beef served with rice</i>	
Haggis Tatties & Neeps	£5.45
<i>A great Scottish dish</i>	
Braised Sausages	£6.25
<i>In a rich onion gravy</i>	
Fish	
Haddock In Batter	£6.85
<i>Fresh Atlantic deep fried in a rick thick batter</i>	
Breaded Haddock	£6.85
<i>Fresh haddock in a light orange crisp crumb</i>	
Scampi	£8.25
<i>We serve only the best whole tail scampi</i>	
Smoked Haddock Fishcakes	£6.25
<i>Served with cheese sauce</i>	
Chicken	
Chicken Goujons	£6.85
<i>Chicken goujons in garlic deep fried in batter</i>	
Chicken Curry	£6.85
<i>Tender pieces of chicken in a mild curry sauce</i>	
Lemon Chicken	£6.85
<i>Pieces of battered chicken fillet. Served with a lemon sauce</i>	
Sweet & Sour Chicken	£6.85
<i>Pieces of battered chicken fillet. Served in a sweet and sour sauce</i>	
Hunters Chicken	£6.85
<i>8oz Valentine chicken breast pan fried with onions, peppers, tomato sauce and brandy</i>	
Chicken Kiev	£6.25
<i>Breaded chicken fillet filled with garlic butter</i>	
Butterfly Chicken	£6.85
<i>Pan fried fillet of chikcen with lemon, garlic and black pepper</i>	